

Track: especialcamino-faros\_etapa06\_dia26\_arou-farovilan.gpx

Detected modality = HKG

IBP index reliability= D

**IBP = 50 HKG**

Total length	15.994 Km
Analyzed distance	15.994 Km
Lineal distance	8.792 Km

Accumulated climb	203.88 m
Accumulated descent	161.31 m
Maximum height	81.32 m
Minimal height	1.86 m
Climb rate	5.4 %
Descent rate	3.57 %
Positive climb difference per	12.75 m
Negative descent difference per	10.09 m

Total time	5:29:58 h
Time in movement	5:02:08 h
Stopped time	0:27:50 h

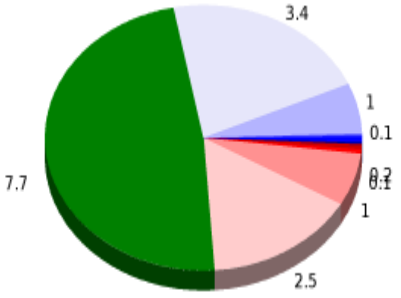
Total speed average	2.91 Km/h
Average speed in movement	3.18 Km/h
Maximum held speed	5.39 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	1983 (cad. 8.07 m)
Significant points	465 (cad. 34.47 m / 23.45 %)
Aberrant points	0 (0 % d. total)

Direction changes per	13.57
Direction changes >5° per	11.32
Accumulated straight stretches	1.689 Km
Straight stretches per	105.6 m
Penalizable slope changes	2
Penalizable slope changes per	0.125

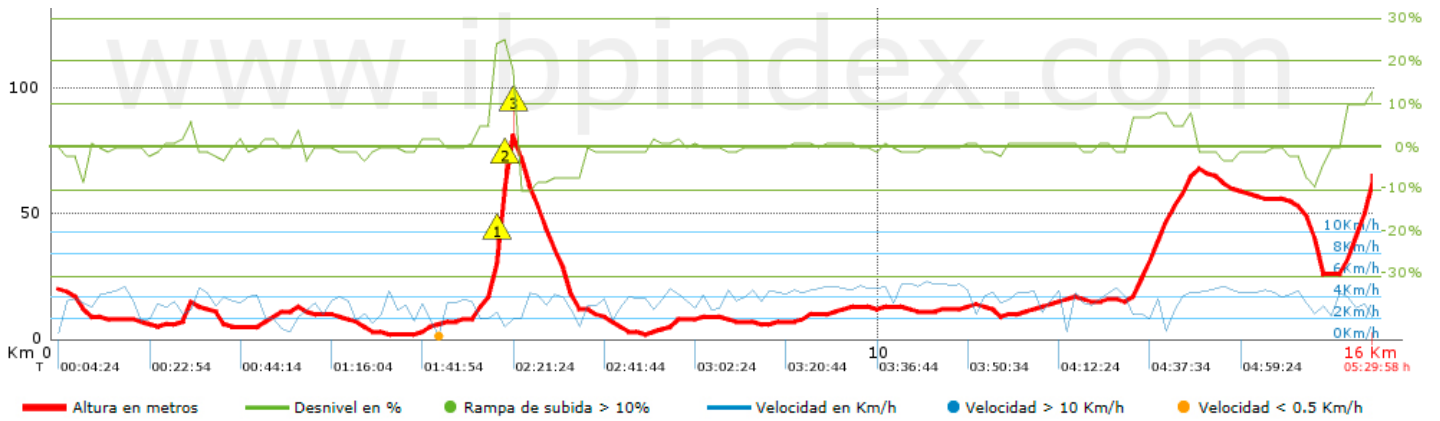
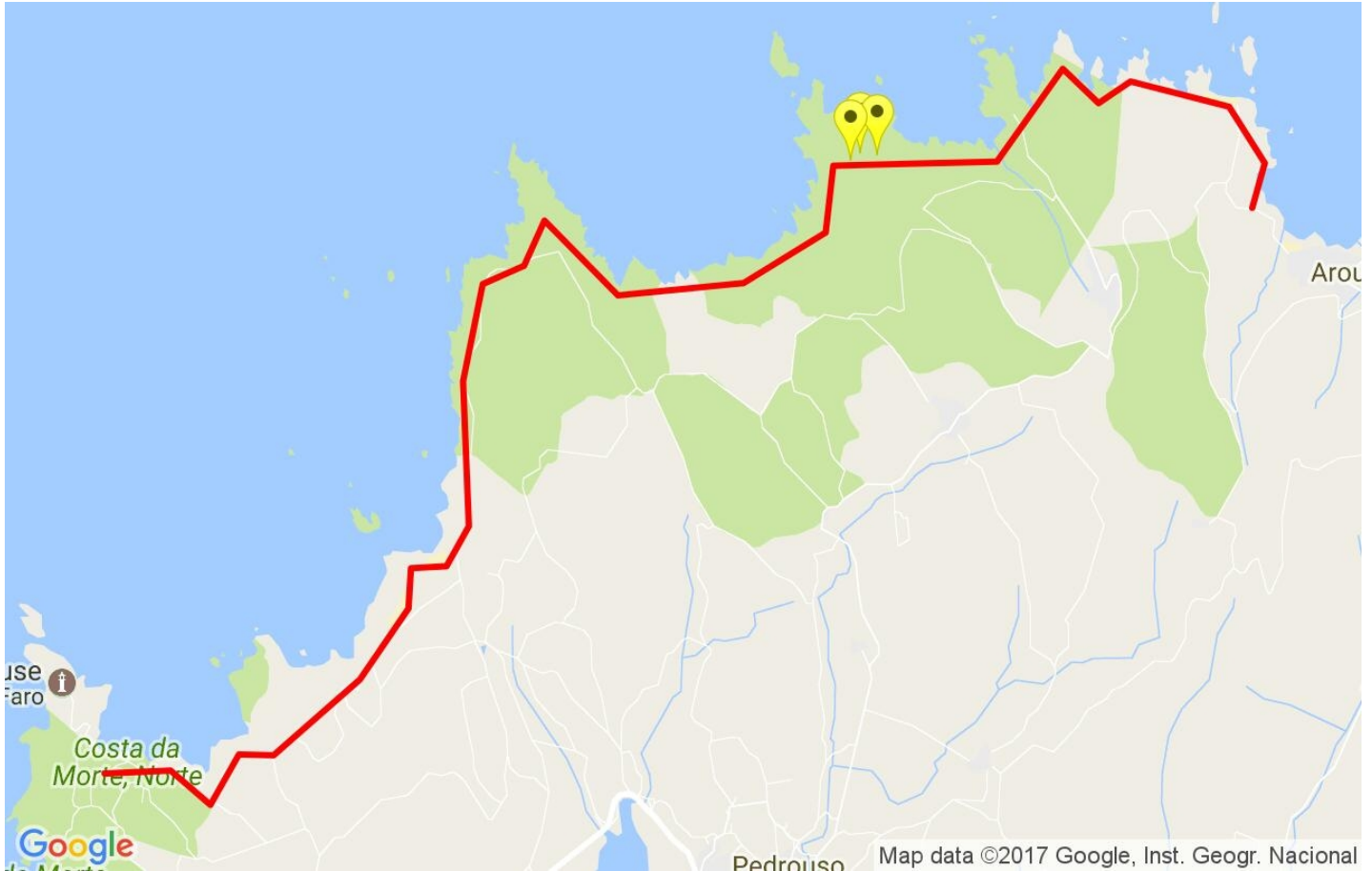
Find The Best bike routes



Summary of slopes	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	0	0	0	0:00:00
	Between 15 and 30%	0.249	1.56	1.73	0:08:40
	Between 10 and 15%	0.124	0.77	2.56	0:02:54
	Between 5 and 10%	0.953	5.96	2.37	0:24:10
	Between 1 and 5%	2.451	15.32	3.08	0:47:40
	<b>Total :</b>	<b>3.777</b>	<b>23.61</b>	<b>2.72</b>	<b>1:23:24</b>
	<b>Plain</b>				
	Difference of 1%	7.692	48.1	3.48	2:12:44
	<b>Breakdown descents</b>				
	Between 1 and 5%	3.435	21.47	3.27	1:03:00
Between 5 and 10%	0.96	6	3.03	0:19:00	
Between 10 and 15%	0.031	0.2	3.76	0:00:30	
Between 15 and 30%	0.099	0.62	1.69	0:03:30	
Between 30% and 55%	0	0	0	0:00:00	
<b>Total :</b>	<b>4.525</b>	<b>28.29</b>	<b>3.16</b>	<b>1:26:00</b>	
<b>Total track :</b>	<b>15.994</b>	<b>100 %</b>	<b>3.18</b>	<b>5:02:08</b>	

Track: especialcamino-faros\_etapa06\_dia26\_arou-farovilan.gpx  
 Detected modality = HKG  
 IBP index reliability= D

**IBP = 50 HKG**



**Steep slopes > 10%**

Steep slope	Slipage point	Average slope	Interval
 1	5.322	24 %	128 m
 2	5.449	25 %	90 m
 3	5.539	18 %	32 m

**High altitude parameters, data above**

Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	<b>Total :</b> 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

**Stops**

Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
0.033	0:03:10	20	0:01:14	0:01:14 < 10´	0.033
2.834	0:03:10	11	1:00:04	0:58:50	2.801
4.581	0:13:20 > 10´	5	1:44:54	0:44:50	1.747
12.21	0:05:50	15	4:12:54	2:28:00	7.629
13.427	0:02:20	45	4:41:04	0:28:10	1.218
<b>Total :</b> 0:27:50 h					