

Track: especialcaminoaragones\_etapa2\_jacaarres-track.gpx

Date: 17/09/2015

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 Detected modality = HKG  
 IBP index reliability= E

**IBP = 64 HKG**

Total length	25.529 Km
Analyzed distance	25.529 Km
Lineal distance	22.891 Km
Accumulated climb	152.17 m
Accumulated descent	227.93 m
Maximum height	816.55 m
Minimal height	599.07 m
Climb rate	3.79 %
Descent rate	2.95 %
Positive climb difference per	5.96 m
Negative descent difference per	8.93 m

Max slope filter	~55 %
Min. ponts separation	~30 m
Number of points	2233 (cad. 11.43 m)
Significant points	699 (cad. 36.57 m / 31.3 %)
Aberrant points	1 (0.04 % d. total)

Direction changes per	14.89
Direction changes >5° per	8.38
Accumulated straight stretches	5.897 Km
Straight stretches per	230.99 m
Penalizable slope changes	1
Penalizable slope changes per	0.039

Total time	6:55:58 h
Time in movement	6:03:48 h
Stopped time	0:52:10 h

Total speed average	3.68 Km/h
Average speed in movement	4.21 Km/h
Maximum held speed	7.15 Km/h

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Summary of slopes	Climbs	Distance in Km	above the total in %	Speed in	Time h:m:s	
	Between 30% and 55%	0	0	0	0:00:00	
	Between 15 and 30%	0.232	0.91	3.1	0:04:30	
	Between 10 and 15%	0.201	0.79	2.78	0:04:20	
	Between 5 and 10%	0.298	1.17	4.13	0:04:20	
	Between 1 and 5%	3.282	12.86	3.73	0:52:50	
	<b>Total :</b>	<b>4.013</b>	<b>15.72</b>	<b>3.65</b>	<b>1:06:00</b>	
	<b>Plain</b>					
	Difference of 1%	13.802	54.06	4.35	3:10:13	
	<b>Breakdown descents</b>					
	Between 1 and 5%	6.167	24.16	4.29	1:26:10	
Between 5 and 10%	1.411	5.53	4.29	0:19:45		
Between 10 and 15%	0.106	0.42	4.77	0:01:20		
Between 15 and 30%	0.03	0.12	5.39	0:00:20		
Between 30% and 55%	0	0	0	0:00:00		
<b>Total :</b>	<b>7.714</b>	<b>30.22</b>	<b>4.3</b>	<b>1:47:35</b>		
<b>Total track :</b>	<b>25.529</b>	<b>100 %</b>	<b>4.21</b>	<b>6:03:48</b>		

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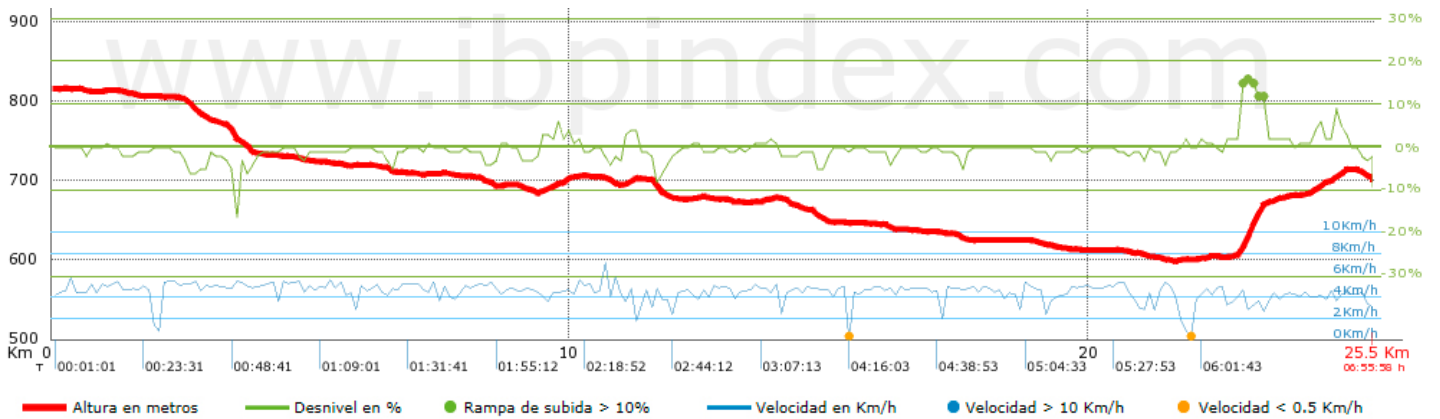
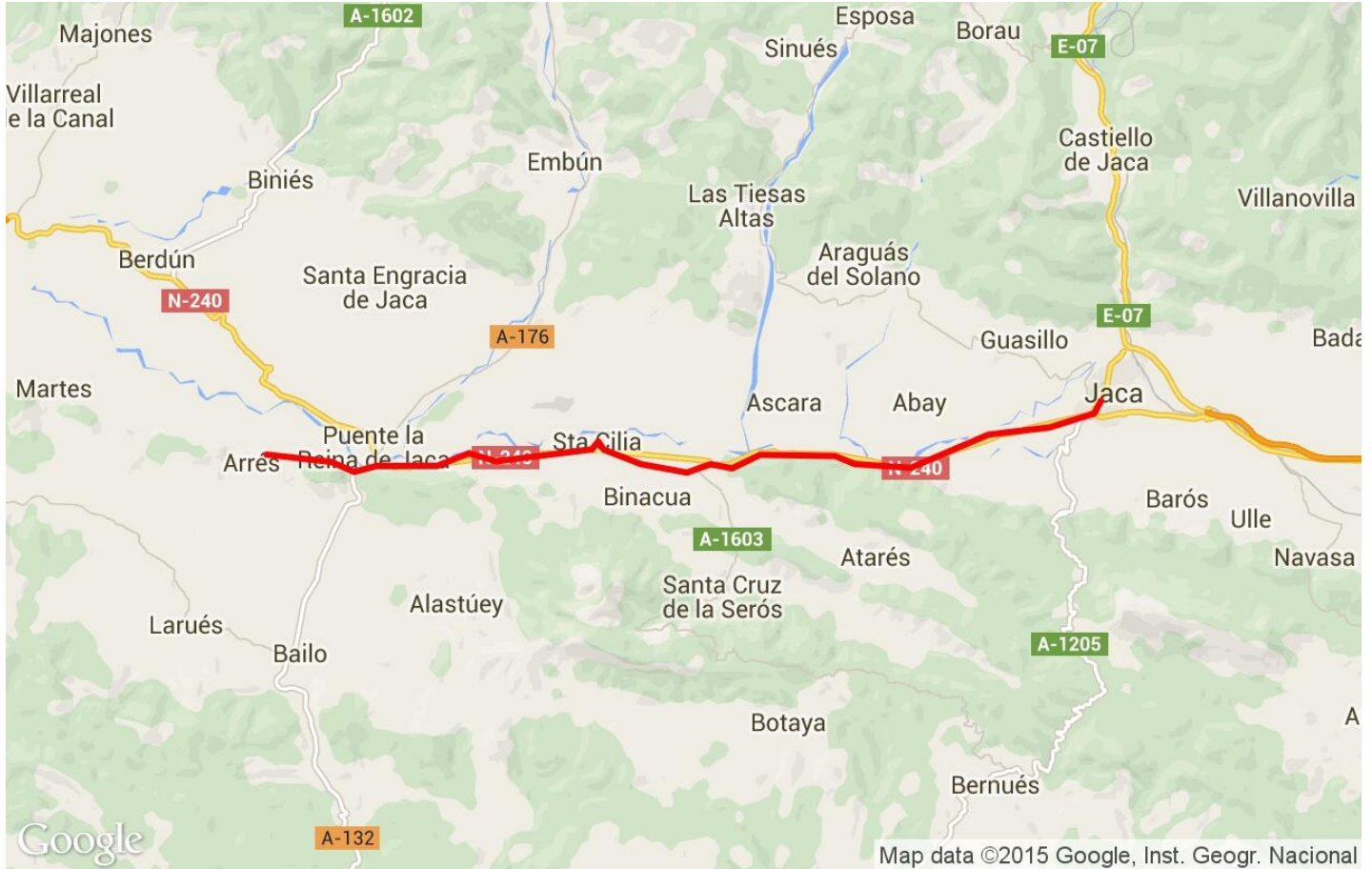
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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
	Total : 0 Km	--- %	--- h	--- Km/h	--- h	--- h	--- Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
2.039	0:02:30	807	0:29:01	0:29:01	2.039
15.341	0:44:40 > 10'	647	3:31:23	3:02:22	13.303
21.863	0:05:00	601	5:52:03	2:20:40	6.521

Total : 0:52:10 h